

MAJOR REVIEWS IN 2015/16 - STROKE PREVENTION IN HILLINGDON - WITNESS SESSION 1

Contact Officer: Charles Francis
Telephone: x 6454

REASON FOR ITEM

To enable the Committee to gather evidence as part of their Review into 'Stroke Prevention in Hillingdon'.

OPTIONS AVAILABLE TO THE COMMITTEE

1. Question the witnesses
2. Highlight issues for further investigation.
3. To make a note of possible recommendations for the review.

BACKGROUND

At the Committee meeting on 20 January 2016, Members discussed a number of public health topics and requested officers to prepare a scoping report on '*Stroke Prevention in Hillingdon*'

The first witness session will provide an understanding of what strokes are and to place its prevalence in a national and local context. It will also establish what Hillingdon's interventions are and what work Public Health is currently doing.

INFORMATION

To assist the Committee, the following witnesses will be attending the meeting:

Officers Attending

- Shikha Sharma - Consultant in Public Health, Resident Services
- Gary Collier - Better Care Fund Programme Manager, Adult Social Care

Social Services, Housing and Public Health Policy Overview Committee
24 March 2016

SUPPORT SERVICES

1. The Council supports people who have had a stroke and their carers with addressing their personal care needs to maximise their independence. The level of contribution from the Council is dependent on assessed need and whether they meet the national adult social care eligibility criteria.
2. The Council's Reablement Team works very closely with the Stroke Unit to provide up to six week's assistance with learning or relearning daily living skills. Referrals are made by the Stroke Unit following a period of rehabilitation. The support from the Reablement Team is provided free of charge for up to six weeks.
3. The Council's Specialist Sensory Team will provide rehabilitation to people who have experienced sight or hearing loss as a result of stroke.
4. The Stroke Association is funded by the Council to provide two services intended to support people living with stroke and their carers. One of the services is a specialist information and advice service and the intention is to provide high quality information, emotional support and practical assistance in the aftermath of a stroke. Council funding pays for 0.69FTE Information and Advice Coordinator and volunteer expenses. The other service is the Communication Support Service, which works with Hillingdon residents who have developed communication difficulties after a stroke. It provides long-term and time limited outcome orientated support that addresses communication difficulties and helps combat isolation and increases their confidence to participate in mainstream activities in the community. Funding from the Council would pay for a 0.69FTE Communication Support Coordinator and volunteer expenses.
5. The Council has now completed the reorganisation of the Health Promotion and Sports Development Team to create a new Wellbeing Team. The new team forms part of a wider Wellbeing Service which will be delivered on a universal basis. The wellbeing team will be working with a range of partners and delivery agents to improve health and wellbeing by helping to keep people active, both mentally and physically. These initiatives will contribute to the stroke prevention agenda due to the inextricable links between stroke and healthy lifestyles.
6. Proposals to implement evidence based early identification of people with a susceptibility to stroke are being considered as part of the 2016/17 Better Care Fund Plan, which will be considered by the Health and Wellbeing Board at its meeting on the 12th April 2016. The Committee will have the opportunity to look at these proposals, as well as the detail of the proposed BCF plan at its meeting on the 20th April.